

NEW MEXICO 4-H

Aggie Next Step

My Role on a Team



Post Secondary Pathways



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My Role on a Team

INTRODUCTION

Being part of a team means more than just showing up; it's about knowing the strengths you bring and the areas where you can grow. In this lesson, participants will reflect on their own teamwork skills and explore key traits of strong teammates.

SET UP

Review lesson materials and determine which worksheets and handouts you will use for the lesson. Print enough pre/post assessments, worksheets, and handouts for each participant.

ACTIVITY

1. Have participants complete the *Pre-assessment*.
2. Create a brainstorming web on the board with "teamwork" in the middle. Fill in the web with participants answers.

Q: What traits do you think make someone a strong team member?

3. Follow up with this reflective writing activity. Ask: *Which of these traits do you think you already have, and which could you strengthen?*

Give participants a few minutes to write down their answers.

4. Distribute *Teamwork Self-Assessment* and read the instructions together. Allow participants time to complete the assessment and answer the follow-up question.

5. Break participants into teams of 3-6, depending on overall group size. Assign (or have teams draw) two teamwork traits from the *Teamwork Traits* list. Be sure to include any additional traits participants identified during discussion.

Supplies

- Worksheets
- Handouts
- Pens/Pencils

OUTCOMES

Students will be able to:

- **Identify** personal strengths and areas for growth as a team member.
- **Reflect** on how individual behaviors impact overall team success.
- **Collaborate** with peers to demonstrate understanding of teamwork traits.
- **Recognize** key traits of effective team members.





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6. Each group will create a short presentation on their assigned traits. They may use Google Slides, PowerPoint, Canva, or a poster board to share their ideas.
7. Presentations should include the following points:
 - The role of each trait in being an effective team member.
 - How these traits can be applied in both teamwork settings and daily life.
 - Strategies for developing and strengthening these traits.
 - A “plan of action” for how they will put these traits into practice when working in teams.
8. Each team member should present part of the team’s work to the group. Use the optional *Teamwork Presentation Rubric* to assess participation and presentation quality. (If time is limited, presentations may be assigned as homework and delivered in the next class session.)
9. *Exit Ticket* – depending on time, this can be done as a class discussion, or students can complete the worksheet in class, as homework, or in the following class.
- 10. Have participants complete *Post-assessment*.**

WRAP UP

Strong teams are made up of individuals who know their strengths and are willing to grow. By recognizing your role, practicing key teamwork traits, and creating a plan, you can contribute more effectively to any group you’re part of—whether in school, work, or daily life.

LESSON EXTENSION

If time allows, use the *Golf Ball Maze* activity to practice teamwork skills. This would be a great lesson extension or an introduction to this lesson. Note that you will need additional supplies for this activity.



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RESOURCES

NM Standards:

NM PED Standards: Career and Technical Education (CTE):

CTE 2.1.2: demonstrate use of the concepts, strategies, and systems to enhance communication in the workplace

CTE 2.1.9: Listen to and speak with diverse individuals to enhance communication skills

CTE 7.1.3: Employ teamwork skills to achieve collective goals

CTE 9.1.1: Identify and demonstrate the use of positive work behaviors and personal qualities needed to be employable

Common Career Technical Core (CCTC) Standards: Career Ready Practices (CRP):

CRP-1: Act as a responsible and contributing citizen and employee

CRP-4: Communicate clearly, effectively, and with reason

CRP-9: Model integrity, ethical leadership, and effective management

CRP-12: Work Productively in teams while using cultural/global competence

Optional ELA Alignment (Grades 6-12)

SL1: Participate in a range of conversations and collaborations

SL4: Present information, findings, and supporting evidence

SL6: Adapt speech to a variety of context and communicative tasks

W4: Produce Clear and coherent writing appropriate to task, purpose, and audience

L1: Demonstrate command of the conventions of standard English grammar and usage when writing or speaking

Video Resources:

Note: Please preview all videos before showing them to students to ensure they are age-appropriate, relevant, and aligned with your classroom needs.

How to be a Great Team Player

<https://youtu.be/GZnvHzivMkQ?si=TxqMQnbtKfz8G-tv>

How to be a Team Player – Tips to Improve Teamwork as Power Skills

<https://youtu.be/9Ntqigt9VQ?si=6m5Q9dsoqs1Z1cuK>



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